

# The Power of Vitamin E for Scar Healing on Melanated Skin

INGREDIENTS • September 2025 • By Kiara H., Founder

Vitamin E (tocopherol) is a superstar in our Luxury Body Butter Glaze and Fragrance Oils, and its benefits for scar healing on melanated skin are well-documented. **Why it works:** Vitamin E is a potent antioxidant that protects skin cells from oxidative stress. For deeper skin tones, which are more prone to post-inflammatory hyperpigmentation (PIH) after acne, cuts, or irritation, Vitamin E helps regulate melanin production and supports skin regeneration. Studies in the Journal of the American Academy of Dermatology show that topical Vitamin E can improve the appearance of scars by increasing collagen and reducing inflammation. **In our formulations:** We combine natural Vitamin E with Cupuaçu and Mango Butters. The butters deliver the Vitamin E deeper into the skin while providing the occlusive barrier needed for repair. **Kiara H.'s experience:** "After a bad burn as a teen, I struggled with dark scarring for years. When I started using products rich in Vitamin E like our Glaze, the marks faded noticeably within months. This is why we prioritize it." For best results, apply consistently to clean skin, especially at night. Pair with gentle exfoliation (our oils help here too) and sun protection. Real healing takes time, but with nature's help, it's possible.

*Herban Alchemy — Natural Skincare for Melanated Skin. A Bougetto Beauty Brand.*

*Crafted with fair trade ingredients. A portion of every sale supports urban youth entrepreneurship.*