

# How to Layer Your Body Care for Maximum Glow

RITUALS • March 2026 • By Kiara H., Founder

**At Herban Alchemy, we believe that true glow comes from intention and the right rituals.** Layering your body care isn't just about smelling good—it's about building a protective, nourishing barrier that works with melanated skin's unique needs. Start with our **Full Body Fragrance Oil** as the base. These lightweight oils penetrate deeply, delivering antioxidants from ingredients like Mango Butter and Vitamin E. They prepare the skin to receive richer textures. Next, apply the **Luxury Body Butter Glaze**. Our signature formula, powered by Cupuaçu Butter (which holds over 400% of its weight in water), creates an occlusive seal that locks in hydration without greasiness. The result? Skin that feels supple, looks radiant, and maintains its natural glow all day. **Pro tip from Kiara H.:** For extra dry areas or during winter, layer the oil first on damp skin, then follow with the glaze. This mimics the skin's natural lipid barrier and is especially effective for preventing ashiness on deeper tones. This ritual has transformed the way our community experiences self-care. It's not just skincare—it's an act of self-love rooted in nature's most powerful botanicals.

*Herban Alchemy — Natural Skincare for Melanated Skin. A Bougetto Beauty Brand.*

*Crafted with fair trade ingredients. A portion of every sale supports urban youth entrepreneurship.*